

**ZKA- 20**

A number of statements are shown below that describe some ways in which people act and think. Please, indicate for each statement how much you agree or disagree. In case that you have not experienced that circumstance, please, try to describe how you would act or what you think about that situation.

If you Disagree Strongly, write 1; if you Disagree Somewhat, write 2; if you Agree somewhat, write 3; and if you Agree Strongly, write 4. Be sure to indicate your agreement or disagreement with every statement.

**1.-Disagree Strongly. 2.-Disagree Somewhat. 3.-Agree somewhat. 4.-Agree Strongly.**

1	I am a very sociable person.	
2	Often, I feel uneasy.	
3	I sometimes feel depressed.	
4	My work is important to me.	
5	I am an open and pleasant person.	
6	Negative thoughts sometimes obsess me.	
7	I give all I have got to achieve my work objectives.	
8	I like to join in activities organized by my friends.	
9	I often feel unsure of myself.	
10	I am usually a lively person.	
11	I cannot help being rude to people I do not like.	
12	When I get an idea in my head, I do not give up until I have accomplished it.	
13	When people shout at me, I shout back at them	
14	I enjoy quiet, melodic, popular, or classical music.	
15	I tend to value and follow a rational and moderate approach to things.	
16	When I work, I really exert myself to the fullest.	
17	One should not go too far in physical intimacy until one gets to know the other person.	
18	I usually make up my mind through careful reasoning.	
19	I have a quick temper.	
20	I easily get angered when things go wrong.	

**Important note: This 20-item version was developed exclusively for the Thai language due to validity issues among Thai samples and should not be applied to other languages and cultures.**

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